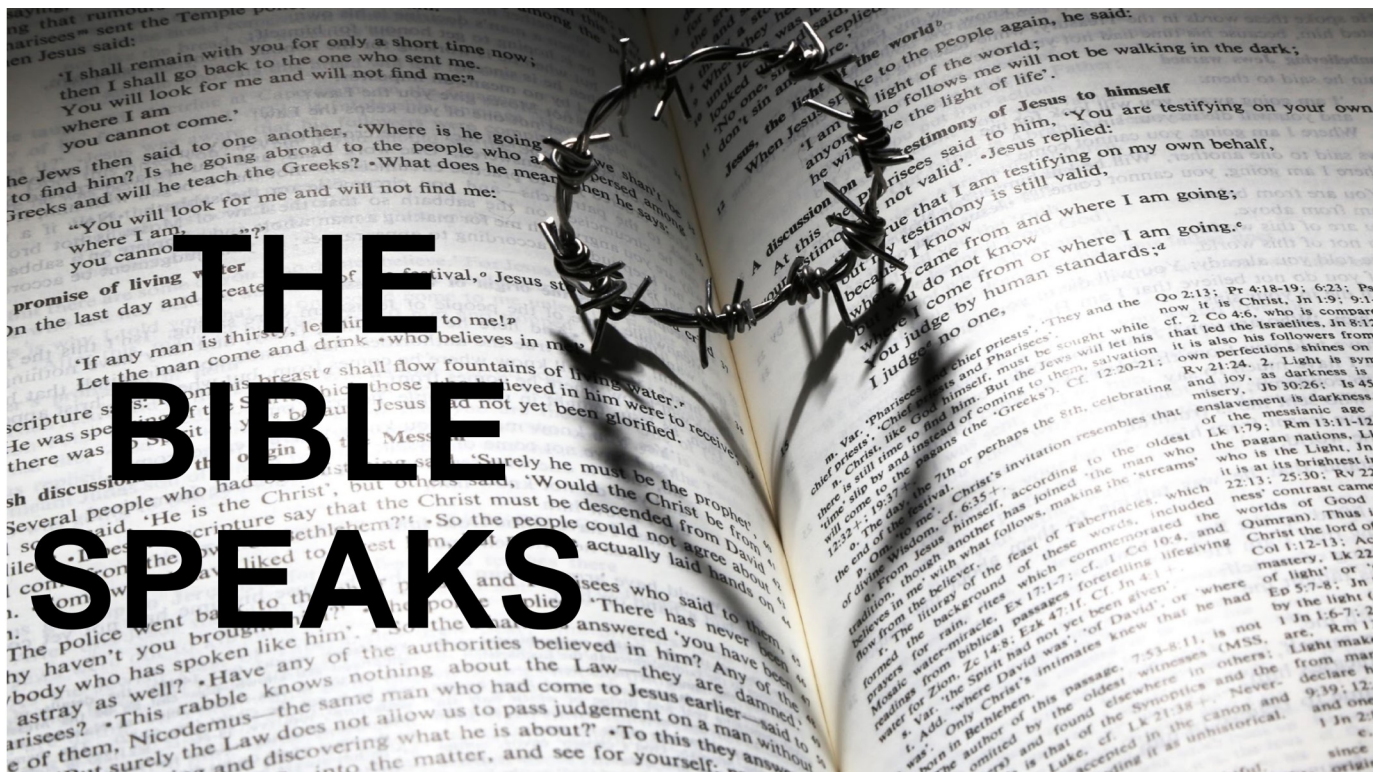


Callide Valley Presbyterian Church

[Biloela & Jambin]



growth groups booklet term 3 2025

1	Pastoral Care In God's House	Psalms 139:1-24	Jul 20
2	The Bible Speaks to Fear and Anxiety	Matthew 6:25-34	Jul 27
3	The Bible Speaks to Guilt and Shame	Genesis 3:1-24	Aug 03
4	The Bible Speaks to Anger and Rage	James 4:1-12	Aug 10
5	Keith Campbell— Great Expectations	No Study	Aug 17
6	The Bible Speaks to Trauma and Suffering	Romans 8:1-17	Aug 24
7	The Bible Speaks to Depression	James 5:1-20	Aug 31
8	The Bible Speaks to Addiction	Titus 2:1-15	Sep 07
9	The Bible Speaks to The Elderly	1 Peter 1:1-25	Sep 14



What are some of the 'normal ways' we care for members of our own family?



^{NIV} Psalm 62:7-8 ⁷ My salvation and my honor depend on God; he is my mighty rock, my refuge. ⁸ Trust in him at all times, you people; pour out your hearts to him, for God is our refuge.



In God's house, God draws near to us and calls us to pour out our hearts to him.



READ PSALM 139:1-6

1. How well does God know us?

2. How does this qualify him to care for us?

READ PSALM 139:7-12

3. What things does God continue to provide for us 'no matter our location'?

READ PSALM 139:13-16



4. Why does the Psalmist praise God in verse 14?

5. How well does God know us if he is our Creator? (Again, how does this qualify Him to care for us?)

READ PSALM 62:5-8

6. What does King David recommend we do?



7. What might it mean for us to pour out our hearts? Can God be trusted with such personal things? What might hold you back from pouring out your heart to God?



8. Do you normally pour out your heart to God? (Why/Why not?)

9. If we are going to care for those around us—how important will it be for us to listen to them?

Read Psalm 23:4 .

What does this tell us about our God?

What confidence can we have to draw near to him?



10. What kind of things will it be important for us to listen for?

Read Psalm 10

11. What kind of things are on the Psalmists heart?



12. What are they calling God to do?

13. What is the final reflection that the Psalmist gives in Psalm 10 (vv.16-18)?

14. What aspects of Pastoral Care in God's house might we adopt as we care for others in our church family?

15. What kind of culture should exist in the church around pastoral care, and what resources do we have at our disposal?



16. How would you seek God's guidance when it comes to a difficulty that your brother or sister in Christ is facing? (See Matt 7:7-12; Prov 2:1-11)

Pray together about the encouragement and challenge raised by God's Word through this study. Note prayer points below for your partners in the gospel (Growth Group members) and their contacts:

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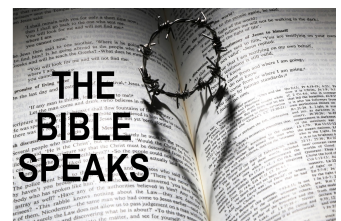


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How important is it for us to remember God's faithfulness?

Pray that we'd be encouraged to continue to pray for each other and allow God to bring us to maturity in Christ Jesus.



NIV Psalm 139:13-16
¹³ For you created my inmost being; you knit me together in my mother's womb. ¹⁴ I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. ¹⁵ My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth. ¹⁶ Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.

Give thanks to our Father in Heaven for our faith in Jesus Christ and the love we have for each other, and pray that these would grow more and more.

Pray that we would remember to encourage others this week, especially those who are facing hardship in their lives.

Praise God that he remains faithful even though we do not

pray also

for Term 3 at School

for VIP-Net Jr, VIP-Net Youth and Sunday school which kick off over these next two weeks.



for sunday's bible talk and next week's study read...

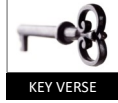
Matthew 6:25-34

2

The Bible Speaks to Fear and Anxiety



What are some of the common things people fear?



^{NIV} **Matthew 6:31-33** ³¹ So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well.



God calls us to pour out our hearts to Him, to draw near to Him, and to trust that he is in control of all things.



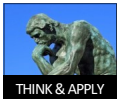
READ MATTHEW 6:25-34

1. From these verses, what does Jesus call us to 'observe' in nature?

2. How do these observations point us to God's love and provision for us?

3. What does the world 'run after', and what should our attitude be to these things?

4. What are some of the ways we might try to 'take control' of a situation we're worried about? Who are we trusting when we try to 'take control' of a situation we're worried about?



5. What does Jesus remind us that we have no control over & that worrying won't help with?

6. How are these things reflected in the lesson of the Manna in the Desert in Exodus 16?



7. How does Jesus calm us in our fears and anxieties? (See also Luke 12:32-36)



READ MARK 4:35-41

8. What are the disciples afraid of and are they right to be afraid?

9. What is their plea to Jesus (What important question do they ask him)?

Read Luke 12:4-7; Exodus 20:20; Jeremiah 32:40

Is there a time when fear is good?



10. Have they done the right thing in coming to Jesus in their fear? (Why/ Why not?)

11. How does Jesus demonstrate his care for them, and what is his rebuke?



READ PSALM 23

12. How does the Lord show his care for us in Jesus? What should be our response when we have fears and anxieties?

13. How might we help someone struggling with fear and anxiety?

14. What are some of the 'Big Fears' that people have, and how has Jesus overcome them?



Pray together about the encouragement and challenge raised by God's Word through this study. Note prayer points below for your partners in the gospel (Growth Group members) and their contacts:

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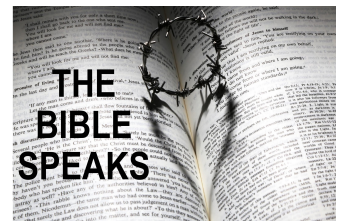


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How important is it for us to keep living the way God wants us to live rather than doing what we want to do?

Pray that we'd be encouraged to live the righteous lives that God desires.



NIV Luke 12:32-34

32 "Do not be afraid, little flock, for your Father has been pleased to give you the kingdom. 33 Sell your possessions and give to the poor. Provide purses for yourselves that will not wear out, a treasure in heaven that will never fail, where no thief comes near and no moth destroys. 34 For where your treasure is, there your heart will be also.

Give thanks to our Father in Heaven that he chose to rescue us through faith in Jesus Christ. Pray that our love for God and the love we have for each other, would grow more and more as we mature in Christ.

Pray that we would remember to encourage others this week, to live according to God's desire for our lives.

Praise God that he has a plan to bring his people to maturity and furnish them with the crown of life.

pray also

for Missionaries Keith and Elspeth Campbell as they visit churches across QLD.

for our Sunday School ministry.

for the PCQ.



for sunday's bible talk and next week's study read...

Genesis 3

3

The Bible Speaks to Guilt and Shame



What sins in modern society draw the biggest amounts of guilt and shame?



^{NIV} **Matthew 9:11-12** ¹¹ When the Pharisees saw this, they asked his disciples, “Why does your teacher eat with tax collectors and sinners?” ¹² On hearing this, Jesus said, “It is not the healthy who need a doctor, but the sick.



At the Cross Jesus removes our guilt and shame and replaces it with righteousness and honour.

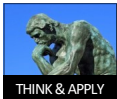


READ GENESIS 3:1-7

1. What did the serpent say, and how was this different to God’s command?

2. Who did the woman listen to and what action did she take? (What was the fruit desirable for?)

3. How did the relationship with Adam change and with God change the moment they ate the fruit?



4. How does God respond to their sin? What is gracious about his response?

5. How do Adam and Eve’s actions shape the whole of the rest of the course of Humanity??

Read Isaiah 61:10-11

How does Isaiah say we are clothed?

What response does Isaiah suggest with regards to this clothing we receive?

How is this different to being ‘exposed in sin’ in the Garden?

READ GALATIANS 3:26-29

6. How does Jesus deal with our shame?



7. What effect does this ‘new clothing’ have on our lives/ what is our new status?



8. Given this new status, how should we treat one another when we sin? (How have we dealt with sinners in our church in the past?)



READ MATTHEW 9:9-13

9. What is Jesus being criticised for? How does he explain his actions?



10. What happens to a person when we draw near to them in their guilt and shame and offer them the invitation of Salvation in Jesus?

READ ROMANS 3:20-26

11. How does faith in Jesus change us?

12. What is our situation with God without Jesus?



13. What does God DEMONSTRATE to us through the shedding of Jesus' blood? How does this give us confidence to speak to our non-Christian friends about Jesus?

Pray together about the encouragement and challenge raised by God's Word through this study. Note prayer points below for your partners in the gospel (Growth Group members) and their contacts:

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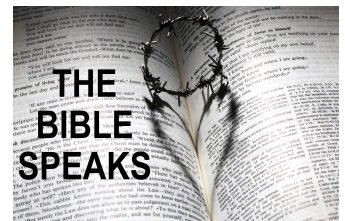


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What are some of the best ways to remember God and how he calls us to live as his people?

Pray that we'd be encouraged to live the righteous lives that God desires.



NIV Romans 3:21-24 ²¹ *But now apart from the law the righteousness of God has been made known, to which the Law and the Prophets testify.* ²² *This righteousness is given through faith in Jesus Christ to all who believe. There is no difference between Jew and Gentile,* ²³ *for all have sinned and fall short of the glory of God,* ²⁴ *and all are justified freely by his grace through the redemption that came by Christ Jesus.*

Give thanks to our Father in Heaven for our faith in Jesus Christ and the love we have for each other. Pray that we would be rich in our faith in Jesus and so inherit the kingdom he has promised to those who love him.

Pray that we would remember to encourage others this week, remembering how Jesus has given his life so that we can be forgiven.

Praise God that he has a plan to bring salvation to his people, and give thanks for the new covenant in Jesus' blood.

pray also

for our Elders and those who lead our ministries.

for the VIP-Net Youth and their leaders.

For our Police Force and those in our Emergency Services.



for sunday's bible talk and next week's study read...

TBA

4

The Bible Speaks to Anger and Rage



What are some common things that people get angry about?



^{NIV} **Ephesians 4:1-3** As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. ² Be completely humble and gentle; be patient, bearing with one another in love. ³ Make every effort to keep the unity of the Spirit through the bond of peace.



Jesus draws near to violent and angry people in a way that causes them to consider why they are angry, and what their anger is doing to their relationships.



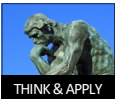
READ JAMES 4:1-6

1. What is going on with the spiral of anger that James is describing?

2. What are people generally angry about and how does this tie in with his warning about 'loving the world'?

READ JAMES 4:7-12

3. What does James recommend in order to 'escape the downward spiral of anger'?



4. According to what James says in verse 9, how serious is the issue of anger in our lives? (how soon should we act to do something about it?)

5. Often in our anger we believe that we are right about something and the other party is 'wrong'. What does James say about this? (v.11)

6. What critical piece of information does James remind us of and how might this change our attitude to someone? (v.12)



7. What do you think it means to be 'humble before God', and how might this change our attitude towards others?



8. How do John's words in 1John 2:15-17 add weight to what James says about being 'friends with the world'?

9. Do you think we are ever in danger of being friends with the world and allowing this to fuel our anger?

Read Micah 6:6-8

What things do not please God according to Micah?

What is it that Micah identifies that the lord DOES require of us?



READ EPHESIANS 4:25-32

10. Why does Paul say we are to speak truthfully to our fellow man?

11. Who is getting a foothold in us when we allow our anger 'to persist'?

12. In 1John 2:9-11 —> what does anger do to us when we remain angry with another Christian brother or sister?



13. What does Paul counsel in verses 29-32 and what reason does he give for his counsel?

14. How could you potentially resolve an angry conflict in your life?

15. Anger is not always hot blooded, red faced rage—what other forms of anger are out there and what do we need to be careful of in our own lives? (See Paul's list in Galatians 5:19-21 & Ephesians 4:31)



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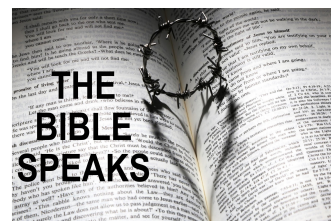


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What are some ways we can remember what Jesus has done for us?

Pray that we'd be encouraged to live the righteous lives that God desires.



NIV Ephesians 4:31-32

³¹ Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. ³² Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. eyes."

Give thanks to our Father in Heaven for our faith in Jesus Christ and the love we have for each other. Pray that we would strive to live righteously in God's sight, knowing that Jesus forgives us when we get it wrong.

Pray that we would remember to encourage others this week, to trust Jesus and follow his example by doing the things he did.

Praise God that he has a plan to make his people holy and bless us with eternal life.

pray also

for our Young Adults group

For Lachlan Dingwall and Charisse Cullen and their ministry to university students

for the work of the Presbyterian Inland Mission and the work they do to bring the gospel to the remotest parts of our country.



for sunday's bible talk and next week's study read...

TBA .



What are some of the common ways people can be traumatised in the modern world?



^{NIV} **Romans 8:1-2** Therefore, there is now no condemnation for those who are in Christ Jesus, ² because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death.



Jesus draws near to the downtrodden, marginalised, and isolated people showing that they have a place in heaven. He takes upon himself the ultimate trauma and suffering so that we might have life.



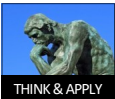
READ PSALM 55:1-8

1. What value is there for a traumatised person to bring their trauma to God?

2. How might this help us/prepare us to draw near to a traumatised person in our own church family?

3. What are some of the key elements of TRAUMA that we should remember?

4. What are some of the lies the Evil One would have us believe when we are feeling hopeless?



READ EPHESIANS 2:1-10

5. What has changed for Christians the moment they put their trust in Jesus?

6. In particular—what happens to our identity and our purpose?



7. Why might it be important to remind a traumatized person of these things?



READ ROMANS 8:1-17

8. Why aren't Christians facing the condemnation of the law anymore?

9. According to verse 9—what 'realm' do we belong to as Christians and what does this mean for us?

Read Numbers 6:24-26

What kind of things can we expect from God?

How can we have confidence of these things?

How might we lead a traumatised person to see the work of God in their lives?



10. According to Paul, how should Christians live now that we have God's Spirit dwelling in us? (v.12-13)

11. What does God's Holy Spirit do for us (vv.14-16)?



12. How might this information be encouraging for us?/ For someone suffering trauma?

13. What might it mean for us that working with a traumatised fellow-Christian is 'Spiritual Work'?

14. IN Luke 22-23, what are some of the ways that shame and trauma are 'loaded' onto Jesus? What was the 'end result' of all of this?



15. Pray for someone in your church family or from among your relatives who has been traumatised. How might you draw near to them and speak to them about what Jesus has done?

Pray together about the encouragement and challenge raised by God's Word through this study. Note prayer points below for your partners in the gospel (Growth Group members)

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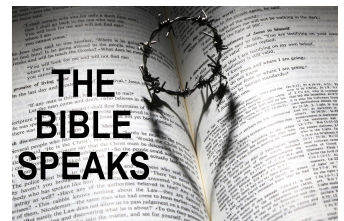


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What are some ways we can live the kind of life God calls us to live?

Pray that we'd be encouraged to live in a way that brings honour and glory to God.



NIV Numbers 6:24-26
24 ““The Lord blesses you and keeps you;
25 the Lord make his face shine on you and be gracious to you;
26 the Lord turn his face toward you and give you peace.””

Give thanks to our Father in Heaven that because of the salvation he provides us in Jesus his Son—we deserve his undivided loyalty and attention.

Pray that we would remember to encourage others this week, especially those who have unresolved trauma in their lives.

Pray for our upcoming RI supporters night at the end of the month.

pray also for our kids, youth and young adults.

for the Middle East Reformed Fellowship (MERF) and their work with Arab and Muslim peoples around the world.

For Emmanuel Jhonly and the work of IRFQ and the mission to southern India. Pray for his upcoming trip to India.



for sunday's bible talk and next week's study read...

TBA .



Have you or a close family member or friend ever had depression—what was it like?



^{NIV} **James 5:10** ¹⁰ Brothers and sisters, as an example of patience in the face of suffering, take the prophets who spoke in the name of the Lord.



Depression is the conviction of the absence of hope and anything good in the world. We are to draw near to such a person with the hope of Christ, knowing that God's Spirit is at work in their lives.

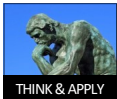


READ JAMES 5:7-11

1. What illustration does James use to help us see the importance of patience in the Christian life?

2. Why aren't we to grumble against one another, and when might you be tempted to grumble against a brother or sister who is battling depression?

3. People who live with chronic depression are continuously dealing with misery and suffering. What hope might this part of scripture offer them?



4. What happens in Job's story and how is this an example that can help someone who is suffering?

READ JAMES 5:13-20

5. What things could we pray for a friend or family member who is struggling with depression?

6. What kind of power are we relying on when we pray this way for others?



7. What further hope does James offer to the person struggling with depression? (v.16-20)



READ ROMANS 5:1-8

8. According to James—What do we have with God and how do we get it?

9. What would you say is the place of suffering in the Christian life?

Read 1Thessalonians 5:1-11

How similar are Paul's words of instruction and guidance to what John records in Revelation 16:15?

How would Paul counsel us to respond to the knowledge of the King's return?



10. How might this be a different viewpoint to the person who just wants to end it all?



11. God demonstrates his love for us in a variety of ways—what ways does this part of scripture highlight for us?

12. What HOPE might this part of Romans provide for a person who is battling to see any good in the world?

13. How could you help someone who is experiencing depression in their life?



Pray together about the encouragement and challenge raised by God's Word through this study. Note prayer points below for your partners in the gospel (Growth Group members) and their contacts:

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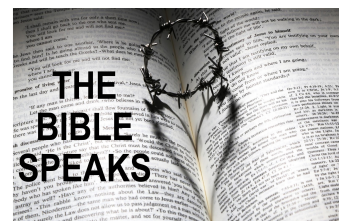


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What are some ways we can prepare to speak to someone with depression?

Pray that we'd respond to Jesus with the same kind of love and commitment he has shown us.



NIV Romans 5:3-5
³ Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; ⁴ perseverance, character; and character, hope. ⁵ And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.

Give thanks to our Father in Heaven that because of the salvation he provides us in Jesus his Son—and for the many other blessings he pours down upon us.

Pray that we would be alert to the good things we ought to be doing, and take the time to do them.

Pray that we would be keen to tell others the good news of the gospel of Christ.

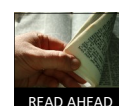
pray also

for our music ministry and all those in our church who serve the Lord in this way

for Inside/Out Chaplaincy (formerly CCC) as they continue to minister in word and in deed to prisoners across our state.

for the ministry of Paul Smith in the Philippines

For the ministry of our Theological College QTC



for sunday's bible talk and next week's study read...

TBA .



What kinds of issues can addiction cause in families?



^{NIV} **1Corinthians 10:13** ¹³ No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.



Addiction comes from 'giving in repeatedly' to desire. We are called to live lives where self-control is practiced and taught to others.



READ 1PETER 5:1-11

1. How does Peter call 'fellow elders' to live—what kind of example are they to set for others?

2. Why are fellow elders to be 'self controlled and alert'? (What dangers might a lack of 'self-control' leave them open to?)

3. What reasons does Peter give them for remaining steadfast in their faith?

READ TITUS 2:1-8



4. What seems to be the common thread running through all of the groups of people that Titus is to teach?

5. Do you think such teachings are still relevant to us in the church today?

READ TITUS 2:9-15



6. What does God's gospel of grace teach us?



7. What kind of lives are we to live as a result of God's grace?

8. What things can we do to make the teaching about God our Saviour attractive?

9. How would you describe 'our present age' (v.12) and the kind of temptations/idols people can be seduced by? Are these new things, or have they been around for a while?

Read Proverbs Chapter 23

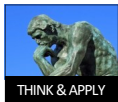
What do we particularly learn about the alcoholic person at the end of the chapter?

How might we use this passage to actually help someone battling with addiction?



10. In 1 Corinthians 10:6-13 what advice does Paul give about temptation and desire?

11. What does God do when we are tempted?



READ PROVERBS CHAPTER 23

12. What different kinds of addictions are mentioned here, and what advice are we given for each?

13. How might these passages help us to approach and help a fellow Christian believer who is struggling with some form of addiction?

14. In what ways are you encouraged in your faith when you read these chapters? (Who could you encourage in their faith this week?)



Pray together about the encouragement and challenge raised by God's Word through this study. Note prayer points below for your partners in the gospel (Growth Group members) and their contacts:

Growth Group members		Unbelieving friends	

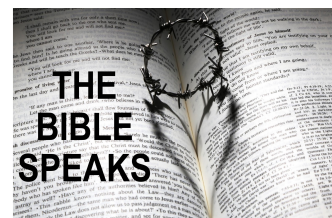


Aug 07	No Session Meeting	Sep 14	Pelican Point Service 10am
Aug 8-9	VIP-Net Jr Camp	Sep 15	CAMEOH 9.45am
Aug 11	Widows Group 9.30am	Sep 18	CoM Meeting
Aug 17	Keith & Elspeth Campbell	Sep 20-23	CQ Alive Pelican Point
Aug 18	CAMEOH 9.45am	Sep 20	School Holidays START
Aug 21	CoM Meeting		
Aug 25	Widows Group 9.30am		
Sep 04	Session Meeting		
Sep 07	Father's Day		
Sep 07	Lord's Supper		
Sep 08	Widows Group 9.30am		
Sep 13	Pelican Point Working Bee		



What are some ways we can remember and celebrate God's compassion and mercy for us in Jesus?

Pray that we'd be thankful for the things we have been blessed with, and patient as we wait for his return.



NIV Ecclesiastes 1:9-10
⁹ What has been will be again, what has been done will be done again; there is nothing new under the sun.
¹⁰ Is there anything of which one can say, "Look! This is something new"? It was here already, long ago; it was here before our time.

Give thanks to our Father in Heaven that because of the salvation he provides us in Jesus his Son—and for the many other blessings he pours down upon us.

Pray that we would be patient, and trust God in all things, remembering this vision that John has been given and the victory of Jesus.

Pray that we would be keen to tell others the good news of the gospel of Christ.

pray also
 For our church leaders

for the ministries of L&C; Glen and Liz; Paul Smith; Libby Haswell; & Keith & Elspeth, IRFQ.

for the work of the Bible League as they seek to provide bibles to persecuted Christians.



for sunday's bible talk and next week's study read...

TBA .



Who are the oldest people in your family and what kind of things are they still able to do? What things do they need assistance with?



NIV **1Peter 1:22-25** ²² Now that you have purified yourselves by obeying the truth so that you have sincere love for each other, love one another deeply, from the heart. ²³ For you have been born again, not of perishable seed, but of imperishable, through the living and enduring word of God. ²⁴ For, “All people are like grass, and their glory is like the flowers of the field; the grass withers and the flowers fall, but the word of the lord endures forever.” ²⁵ And this is the word that was preached to you.



Our human value does not diminish with age. Despite our diminishing capabilities God loves us and has a plan for us. He sustains us by his powerful word.

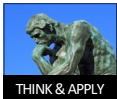


READ 1PETER 1:1-16

1. What has God done for us in ‘his great mercy’?

2. According to Peter, why are we to be filled with inexpressible and glorious joy?

3. What are we to ‘no longer conform to’, and what are we to do instead? (v.14)



READ 1PETER 1:17-25

4. How are we to ‘live out our time’ according to Peter?

5. What should be our relationship with each other in the church (v.22)?

6. What does it mean that we are born again, and why might this be important to understand in the fragility of old age?



READ ISAIAH 46:1-13

7. What is the difference between putting faith in an idol and faith in the living God?



8. What does God promise he will do for his people in their old age?

9. What are God’s plans for his people? What is he bringing to them?

Read Genesis 27:1; 1Samuel 3:2; 1Kings 15:23; Zechariah 8:4

What kind of things can happen to people in their old age?

Read Leviticus 19:3 & 32; Genesis 15:5; 1Chronicles 29:26-28; Judges 8:32.

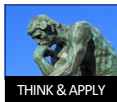
How is ‘old age’ regarded in the bible?



READ 1TIMOTHY 5:1-16

10. How is the church called to help older widows?

11. What are older widows themselves tasked with doing?



READ RUTH 4:11-15

12. What are sons meant to do for their mothers, and why is Ruth 'better' than seven sons?

READ ISAIAH 40:28-31

13. Why are we to put our hope and trust in the Lord even in our old age?

14. In what ways could you serve and encourage an older person in our church family this week?



Pray together about the encouragement and challenge raised by God's Word through this study. Note prayer points below for your partners in the gospel (Growth Group members) and their contacts:

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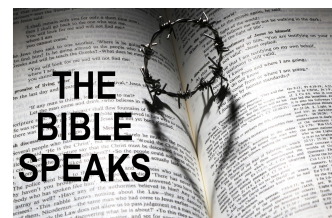


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What are some ways we can remember and celebrate God's compassion and mercy for us in Jesus?

Pray that we'd be thankful for the older men and women in our congregation and that we'd keep looking for ways to serve them.



NIV *Leviticus 19:32* ³² **“Stand up in the presence of the aged, show respect for the elderly and revere your God. I am the Lord.**

Give thanks to our Father in Heaven that because of the salvation he provides us in Jesus his Son—and for the many other blessings he pours down upon us.

Pray that we would be patient, and trust God in all things, remembering the example of Godly Christian men and women who passed their wisdom on to us, and the example we have in Jesus.

Pray that we would be keen to tell others the good news of the gospel of Christ.

pray also
For our church leaders

for the work of the
Presbyterian Inland Mission.

for the work of the Far East
Broadcasting Company as they seek to broadcast Christian media to persecuted Christians around the world.



To prepare for next term read ...

Romans 1-16 .